

# Youth For Christ Scotland



## Things to look out for in this issue!

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## Your National Team!



Ed Jeffrey	Linda Abbott	Sandra Blair	Alan Gray
Scottish Director	Evangelism Coordinator	Resources Administrator	Sports Coordinator



## A Little Bit About Our Newest Member of Staff in Scotland!

As you know as a team we said goodbye to Rosey Russell who was the Resources Coordinator for Scotland. At the end of November we interviewed for a new Resources Administrator for the Scottish office.

It is with joy that we have welcomed Sandra Blair into our team at the beginning of January.

"My connections with YFC Scotland stretch back a few years to working alongside

Rosey for my churches kids club week and also on a 2 week golf mission in Troon.

After 7 years working in a local high school as a School Assistant along with my Church's youth and kids work. I am looking forward to the new challenges of the post and getting to grips with all of YFC's resources and the general running of the office. After just returning from my first Staff Conference, the thing that

struck me was the number of people who are passionate about communicating the Gospel to the young people in Britain, it's fantastic!

Please feel free to get in contact with me if you have any queries about YFC resources. I look forward to hearing from you!"

[sandra.blair@yfc.co.uk](mailto:sandra.blair@yfc.co.uk)





# Rock Solid



Rock Solid is YFC's resource for 11 to 14 year olds.

It is a fast moving program of games, team activities and a closing thought which puts God on the agenda of your young people.

Each evening is set round a specific theme and all activities/games revolve around that theme. This is a fantastic resource for young people who are full of life and on the go. It is very flexible in that you can use as much or as little of the program depending on what suits your group of young people. This is an evangelistic tool which can be used to bring God into the lives of your young people.

*"It's great fun, relevant to the young people's lives and reveals Jesus to them—showing that He really cares and understands them."*

*Chris Croft, Rock Solid Leader, Hitchin*

Here are some thoughts from Rock Solid groups in Scotland!

*"There are fast moving games that are related to the theme of the day. The material used has been excellent at*

*capturing and keeping the attention of the young people that attend."*

*Youth worker in Central Scotland*

*"For over twelve years the Rock Solid outreach programme has been helping local churches reach out to young people. Launched by YFC North East in 1990, Rock Solid has now been tried and tested in over 600 locations and currently impacts 8,000 11-14 year olds each week."*

*North East YFC*



*"I have learned how I can express my views about my beliefs through discussion and studying the Bible with other people. I feel that my faith has grown"*

RS2 is an excellent resource to use with young people who have been asking questions about God and want to learn more, brilliant for a Sunday morning! It is a discipleship tool for 11-14 year olds.

**Natalie, a member of Mettle and young leader at RS2 says, "I really enjoy my involvement in both groups. In Mettle,**

## RS2

**it's good to learn more about my faith and others' through the discussions we have. But in RS2 it's good to share my faith with those a bit younger than me"**

RS2 is set out in the same way as Rock Solid and is a fantastic next step for young

people wanting to take the next step in their journey of getting to know God better and discovering for themselves just how amazing He is.

For more information on Rock Solid or RS2, please email me @

[sandra.blair@yfc.co.uk](mailto:sandra.blair@yfc.co.uk)

Or phone the office, the number is—0141 552 5111



### The Ideas Library

Have you ever needed an idea for your youth group really quickly, but don't know where to turn?

Well, here is the solution!

Youth Specialties have created the Ideas Library which is a series of books which are full of ideas. There are more than 200 ideas in each book. They range from Games; Creative Meetings, Bible lessons and

Worship Ideas; Holiday Ideas; Crowd Breakers and Mixers; Discussion & Lesson Starters; Drama, Skits and Sketches; Special Events; Camps, Retreats, Missions and Service Ideas; Administration, Publicity.

As you can see there are plenty of topics covered. I have used some of these myself and have found it invaluable. They have been great for not just last minute ideas but also for sparking off some inspiration!

There is also the added bonus that the Ideas Library doesn't only come in book form, but can also be bought on CD ROM and covers everything from the books in one medium and contains more than 2,700 ideas. If you want to know more about this resource then feel free to email me at -

[sandra.blair@yfc.co.uk](mailto:sandra.blair@yfc.co.uk)



## Resources to Look Out For!

# Mettle

## What is Mettle?

**"IT IS A NEW cutting-edge resource** designed to build Courage, Spirit and Character in 14-18 year olds. Mettle is not a 'quick fix' course of Christianity. It's more of an ongoing programme that will help 14-18s make informed choices, based on biblical thinking, throughout this rapidly changing and challenging time of their lives. The resources are easy to adapt for groups of any size and are suitable for those with or without a church background. Mettle is made up of Core Subjects (basics of Christianity), Hot Potatoes (key issues facing young people), and Wildcards (fun ideas to strengthen the group through social/practical

activities). Our special Intro Pack provides enough material for 6 sample group sessions along with a DVD and guidelines on how to make the most of these new resources.

**"It's been good to discover new facts about Christianity and the Bible."**

**Say young people from Inverclyde**

**"Through involvement in Mettle those who said church was awful, now attend on a Sunday at least once a month. By providing an alternative to 'normal Sunday church' they are choosing themselves to experience other forms of church...in the form of a Sunday service."**

**Youth worker**

Have you ever heard young people talking about how they find it hard to spend time reading God's word and that they had problems finding a devotional guide that was written just for them? Well, here it is—Mettle daily Bible readings can be used alongside the Mettle resource and follows on from the theme covered in the group session, as well as being able to use it on its own. It has 4 months worth of daily readings; each day has a reading, challenge or prayer and a wee something for them to think about!



## Youth Alpha Conference— Saturday 4th March 2006

The Youth Alpha Conference 2006 is one of the many up and coming dates to be put in your diary!

**Saturday 4th March 2006**  
**Davidson's Mains Parish Church**  
**1 Quality Street,**  
**Davidson's Mains**  
**Edinburgh, EH4 5BB**

"The Youth Alpha Conference is designed for anyone who wants to see young people reached with the good news of Jesus Christ. If you want to find out a practical way of sharing the gospel with young people then come along and get equipped to run a Youth Alpha course.

Whether you are 14 or forty-something, our vision is to

inspire and equip you over the course of the day so that you leave the conference ready to run a great Youth Alpha Course and watch God change the lives of young people in your area."

**Standard Rate : £20**

**Youth/Student rate : £10**

(price includes lunch & refreshments.)

The day will be packed full of teaching, training, games, seminars, worship times, coffee, group activities, and great food!

For more information email

[yac@stmungos.org](mailto:yac@stmungos.org)

Or

[sandra.blair@yfc.co.uk](mailto:sandra.blair@yfc.co.uk)

**[YouthAlpha]**



## Up and Coming Dates for the Diary!

- **Close Encounters of the Teenage Kind**  
Saturday 4th  
February 2006 @  
Stirling Baptist  
Church £5 per  
person.
- **Maranatha 50th  
B'day Bash—**  
Saturday 25th  
February @  
Motherwell Concert  
Hall; Cost £10;  
Including YFriday,

- guests Cameron Stout  
(Big Brother winner) &  
Liam Goligher
- **Youth Alpha  
Conference** on  
Saturday 4th March  
2006 @ Davidson's  
Mains Parish Church  
(see above article for  
details)
- **Mettle Tour Scotland**  
Sunday 5th March  
2006 @ Holy Trinity  
Church, Edinburgh,  
6:30pm

- **Crossover '06—  
Escape**  
16th-18th June  
2006; Broomlee  
Centre, West Linton  
[www.crossover.org.uk](http://www.crossover.org.uk)
- **Imagine '06—**  
Wednesday 2nd to  
Saturday 5th August  
'06 @ Thainstone  
Centre, Inverurie  
(check out the  
website)  
[www.imaginescotland.co.uk](http://www.imaginescotland.co.uk)



- **Clan Gathering '06—** Saturday  
15th to Friday 21st July @ St  
Andrews, Fife (have a wee look  
at the website for more info  
[www.new-wine-scotland.org](http://www.new-wine-scotland.org)
- **Frenzy '06** – Saturday 10th  
June, Edinburgh – Bands like  
Delirious? Tim Hughes &  
Hillsong United to name a few.  
[www.frenzyfrenzy.com](http://www.frenzyfrenzy.com)

# Kick/Kick Academy

Kick, YFC's football ministry, is now in its 6<sup>th</sup> year. Currently there are 3 year out volunteers, Brian, Carl and Peter serving the community of Bridge Of Don. These guys use their passion for their faith and talent in football to build relationships with young people. Serving through work in schools, assisting at a variety of activities in the local church and also football coaching in the community they make faith come alive for the young people they work with. The team also take weeks to serve other communities through missions.

Kick Academy has been developed to enable other local communities

to benefit from sports ministry. A 10 week football coaching course coaching kids, 11 - 14 yrs, and training up local leaders aims to leave a sustainable ministry in your area. Successfully piloted in 4 locations across Scotland, it takes the message of the Bible and relates it in a sporting context to youngsters.

Please contact Alan on

0774 8675656 or  
[yfckick@talk21.com](mailto:yfckick@talk21.com)

for more information on either of the above.



## Watch out for the Kick team's World Cup Special Coming Soon!



Kurios is an excellent energetic pop-rock band that uses music to connect with young people to tell them about Jesus. Run by Youth for Christ, Kurios work in schools, churches and youth groups by taking lessons, assemblies, concerts, services and hanging out with young people. Kurios play a mixture of cover songs from the charts as well as their own songs.

There are a few dates available for bookings so if you are interested in booking the band for an event in your local school or Church then please get in touch by either:-

Telephone—07734022444

Or

Email—[kurios@yfc.co.uk](mailto:kurios@yfc.co.uk)



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*If you're interested  
in anything mentioned  
in this newsletter,  
don't hesitate to get  
in touch at...*



Youth for Christ

taking good news  
relevantly to every  
young person in Britain